

What do these four people have in common?



They have all been willing to donate one of their kidneys during their lifetime to transform someone else's life.

Why is living kidney donation important?

Around 5,000 people in the UK are in need of a kidney transplant to transform their lives. The average waiting time for a kidney transplant from someone who has died is more than two and a half years. For some ethnic groups and people for whom it is difficult to find a compatible donor, the wait is even longer. Sadly, some people die waiting.

While most transplant recipients receive an organ from a deceased donor, living kidney donors make 4 in every 10 kidney transplants possible across the UK.

Over 500 people have donated a kidney anonymously during their life to someone on the National Transplant list, alongside the many thousands who have donated to a family relative or friend.



Celia: "It seemed to me that as a fit and healthy person, I could give my spare kidney to someone who could then have a more normal life, away from the tyranny of dialysis. It didn't matter to me that the recipient was unknown. It was a very satisfying experience and I'm thrilled to have been able to donate."

Celia donated a kidney to someone in need in 2015.

Can I volunteer to be a living kidney donor?

Any adult over the age of 18 (over 16 in Scotland) can volunteer to be considered as a living kidney donor. You will undergo a series of medical tests to check that you are fit and healthy enough to donate.

What do I need to do to transform a life?

You could donate a kidney during your lifetime to someone you love, a friend, relative or even someone you don't know. To find out more information about living kidney donation, visit:

organdonation.nhs.uk/livingdonation

If you cannot find the information you are looking for on our website, please contact us:

By Email: **enquiries@nhsbt.nhs.uk**

By Phone: **0300 123 23 23**

Follow us



nhsorgandonor

Living kidney donation

What do these four people have in common?



They have all been willing to donate one of their kidneys during their lifetime to transform someone else's life.

Living kidney donation

Why is living kidney donation important?

Around 5,000 people in the UK are in need of a kidney transplant to transform their lives. The average waiting time for a kidney transplant from someone who has died is more than two and a half years. For some ethnic groups and people for whom it is difficult to find a compatible donor, the wait is even longer. Sadly, some people die waiting.

While most transplant recipients receive an organ from a deceased donor, living kidney donors make 4 in every 10 kidney transplants possible across the UK.

Over 500 people have donated a kidney anonymously during their life to someone on the National Transplant list, alongside the many thousands who have donated to a family relative or friend.



Celia: "It seemed to me that as a fit and healthy person, I could give my spare kidney to someone who could then have a more normal life, away from the tyranny of dialysis. It didn't matter to me that the recipient was unknown. It was a very satisfying experience and I'm thrilled to have been able to donate."

Celia donated a kidney to someone in need in 2015.

Can I volunteer to be a living kidney donor?

Any adult over the age of 18 (over 16 in Scotland) can volunteer to be considered as a living kidney donor. You will undergo a series of medical tests to check that you are fit and healthy enough to donate.

What do I need to do to transform a life?

You could donate a kidney during your lifetime to someone you love, a friend, relative or even someone you don't know. To find out more information about living kidney donation, visit:

organdonation.nhs.uk/livingdonation

If you cannot find the information you are looking for on our website, please contact us:

By Email: **enquiries@nhsbt.nhs.uk**

By Phone: **0300 123 23 23**

Follow us



[nhsorgandonor](https://nhs.org/donor)