

Healthy you, healthy baby

NHS

Blood and Transplant

Anaemia affects on average 24% of pregnancies and can cause more than just tiredness for you and baby.



It can impact baby's development



It can slow recovery postdelivery



It can increase the risk of requiring a blood transfusion

Feeling tired, lethargic, low energy and mood, increased breathlessness or fatigue on exertion? Talk to your healthcare professional or midwife.

Patient Blood Management



Version 2