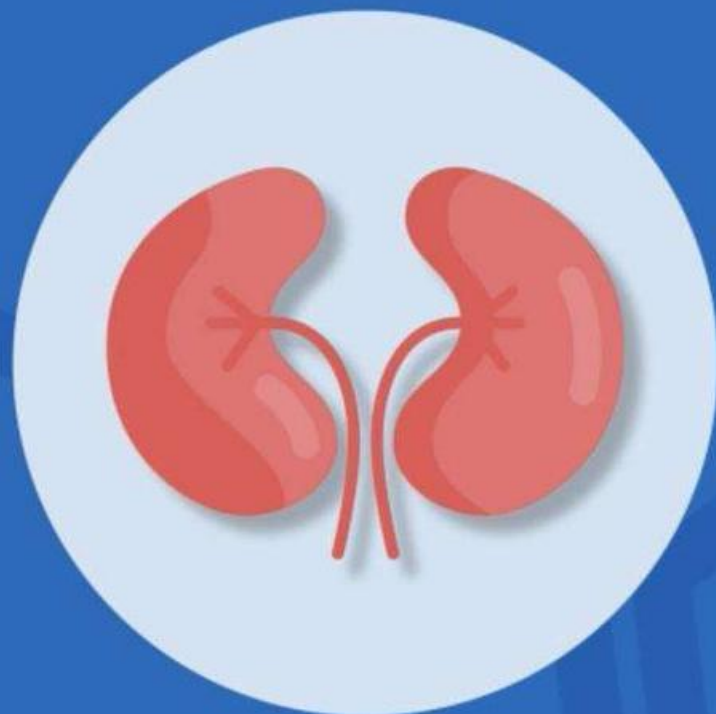


Chronic disease diagnosis? How are you feeling?

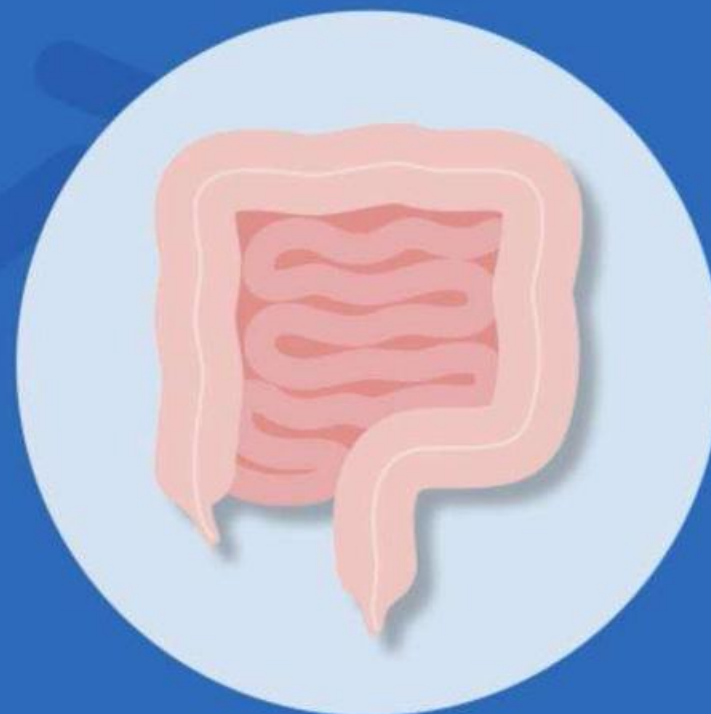
NHS

Blood and Transplant

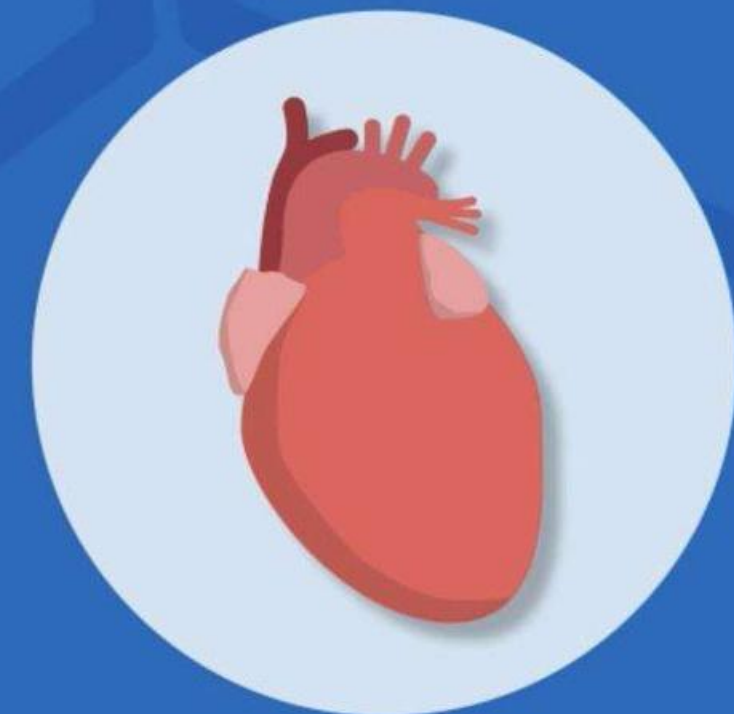
Chronic illness can increase your
risk of becoming anaemic



Chronic kidney disease



Inflammatory bowel disease



Heart failure

Feeling tired, lethargic, low energy and mood,
increased breathlessness or fatigue on exertion?
Talk to your healthcare professional.

