Pancreas Activity

Key messages

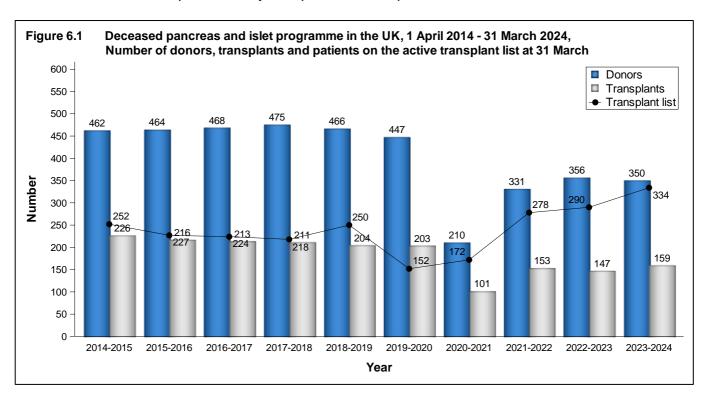
- The number of patients waiting on the pancreas transplant list increased by 15% during the year, to 334 at 31 March 2024
- The number of pancreas donors after brain death fell by 5% to 234, while transplants from donors after brain death decreased by 2% to 99
- The number of pancreas donors after circulatory death increased by 5% to 116, while transplants from donors after circulatory death increased by 30% to 60
- 21 islet transplants were made possible by the pancreas islet transplant programme

6.1 Overview

The number of patients registered on the active transplant list for a pancreas, simultaneous pancreas/kidney (SPK), simultaneous islet/kidney (SIK), or islet transplant has increased over the last ten years from 252 patients at 31 March 2015 to 334 patients at 31 March 2024. The number of pancreas donors fell from 356 to 350 in the last year. The number of transplants has decreased in the last 10 years to 159 transplants in 2023-2024. A summary of activity for deceased donor pancreas transplants and the transplant list for 1 April 2014 - 31 March 2024 is shown in **Figure 6.1**.

On 11 September 2019, an additional top tier of patients was introduced to the National Pancreas Offering Scheme. Patients in this top tier are either categorised as very difficult to HLA match to a donor or have been waiting for more than 3 years for a pancreas or islet transplant. All other patients appear in subsequent tiers and are prioritised according to a point system based on a range of clinical factors. A score is calculated for every potentially suitable patient and the pancreas is allocated preferentially to the patient with the most points after those in the top tier. Pancreases from donors after brain death and donors after circulatory death are allocated through this scheme. Patients listed for a vascularised pancreas or islet transplant are prioritised through one combined national transplant list.

Throughout this chapter, intestinal transplants involving a pancreas are not included in the pancreas transplant activity reported. Any pancreases retrieved and used for such transplants are however included in the pancreas donor activity. In 2023-2024 there were 18 intestinal transplants including a pancreas. Intestinal transplant activity is reported in Chapter 9.



6.2 Transplant list

Table 6.1 shows the number of patients on the active transplant lists at 31 March 2024 by centre. The number of patients registered on the pancreas transplant list increased by 15% in the year: on 31 March 2024, 334 patients were registered active, compared with 290 at the end of March 2023.

Of the 334 patients on the active transplant list at 31 March 2024, 297 (89%) required a SPK transplant (258 at 31 March 2023), 5 (1%) patients required a pancreas only transplant (7 at 31 March 2023) and 32 (10%) were registered for a pancreas islet transplant (including 17 for a SIK transplant).

The outcome of patients registered on the UK pancreas transplant list at 1 April 2023, or subsequently registered during the financial year, is shown in **Table 6.2**. Eight patients joined the pancreas transplant list while 227 joined the list for a kidney and pancreas.

Patients listed for a routine islet transplant are generally waiting for their first islet graft. The majority of islet transplant recipients are likely to require more than one graft to complete their treatment. To optimise transplant outcome the follow-up graft should be performed within six to twelve months of the first. Patients requiring follow-up grafts are priority listed.

Table 6.1	Patients by cent		pancre	as trans	plant lis	ts at 31	March	a 2024 (2	2023) i	n the U	IK,	
Centre		lney/ creas	Kidne	ey/islet	Active Pand alo			sts Islautine		ority	TO ⁻	TAL
Cambridge Cardiff Edinburgh Guy's King's College Manchester Newcastle Oxford Royal Free WLRTC	23 13 42 41 90 14 66	(19) (10) (28) (32) - (88) (9) (64) - (8)	5 0 7 0 5 0	(2) (0) (8) (0) (3) (0)	0 0 0 0 3 2 0	(0) (0) (0) (0) (3) (1) (3)	- 5 - 0 1 4 1 0	(4) (0) (0) (0) (4) (2) (0)	2 0 2 0 0 0	(0) (0) (1) (1) (1) (0) (0)	23 13 54 41 0 103 20 72 0 8	(19) (10) (34) (32) (0) (100) (15) (72) (0) (8)
TOTAL WLRTC - Wes	297 st London	(258) Renal a	17 nd Tran	(13) esplant Ce	5 entre	(7)	11	(10)	4	(2)	334	(290)

1 April 2023 -	31 March 20	24				
	Active suspended at 1 Apri	patients	New registr 2023-2		TOTA	
Outcome of patient at 31 March 2024	N	%	N	%	N	%
Pancreas transplant list						
Remained active/suspended	50	74	5	63	55	72
Transplanted	6	9	3	38	9	12
Removed	10	15	0	0	10	13
Died	2	3	0	0	2	3
TOTAL	68		8		76	
Kidney/pancreas						
transplant list						
Remained active/suspended	295	64	203	89	498	72
Transplanted	115	25	16	7	131	19
Removed ²	31	7	5	2	36	;
Died	21	5	3	1	24	;
TOTAL	462		227		689	

The active pancreas transplant list rates by country/NHS region of patient's residence are shown in **Table 6.3**. At 31 March 2024, the overall transplant list rate was 4.9 pmp and across NHS regions ranged from 3.4 to 6.3 pmp.

Table 6.3 Active pancre transplant lis NHS region o	t at 31 Marc	h, by Cou							
Country/ NHS region Pancreas/Islet transplant list (pmp) of residence 2024 2023									
North East and Yorkshire North West Midlands East of England London South East South West	47 47 41 22 39 36 22	(5.7) (6.3) (3.7) (3.4) (4.4) (3.8) (3.8)	42 50 59 11 30 31 16	(5.1) (6.6) (5.4) (1.7) (3.4) (3.3) (2.8)					
England Isle of Man Channel Islands	254 0 1	(4.4) (0.0) (5.9)	239 0 0	(4.2) (0.0) (0.0)					
Wales	24	(7.7)	14	(4.5)					
Scotland	51	(9.4)	32	(5.9)					
Northern Ireland	3	(1.6)	3	(1.6)					
TOTAL ¹	334	(4.9)	290	(4.3)					
¹ Includes patients in 2024 (2023) residing in: l	Jnspecified	UK 1 (2)						

An indication of longer-term outcomes for patients listed for a pancreas or kidney/pancreas transplant is shown in **Figure 6.2**. This shows the proportion of patients transplanted or still waiting six months, one year, two years, and three years after joining the list. It also shows the proportion removed from the transplant list (typically because they become too unwell for transplant) and those dying while on the transplant list. 23% of patients are transplanted within one year, while three years after listing 65% of patients have received a transplant. The median (average) waiting time for a pancreas transplant is 431 days and is shown by blood group in **Table 6.4** and ethnicity in **Table 6.5**. Note that these waiting times are not adjusted for other relevant factors which may be influential and which may differ across blood or ethnic groups.

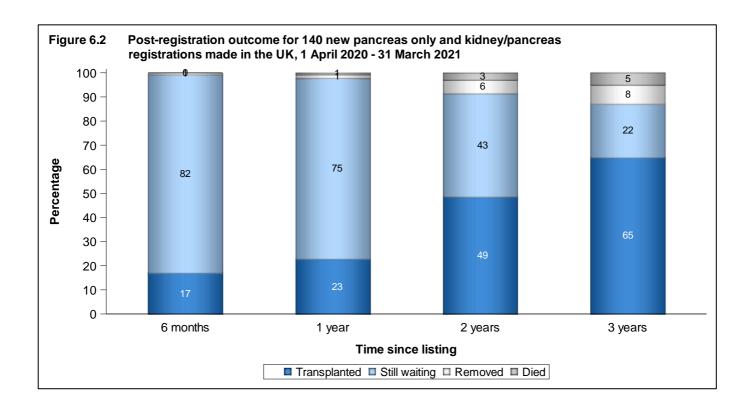


Table 6.4	Median waiting time to pancrea in the UK, for patients registere		
Blood group	Number of patients	Wai	iting time (days)
	registered	Median	95% Confidence interval
Adult	-		
0	388	591	521 - 661
Α	354	307	274 - 340
В	98	436	355 - 517
AB	34	130	109 - 151
TOTAL	874	431	405 - 457

Table 6.5	Median waiting time to pancreas in the UK, for patients registered	and the second s	• •
Ethnicity	Number of patients	Wa	iting time (days)
	registered	Median	95% Confidence interval
Adult	-		
White	752	436	409 - 463
Asian	59	449	264 - 634
Black	39	295	3 - 587
Other	18	418	209 - 627
TOTAL ¹	874	431	405 - 457
¹ Includes 6	recipients with unknown ethnicity		

6.3 Donor and organ supply

Of the 772 organ donors after brain death in the UK in 2023-2024, 234 (30%) donated a pancreas. There were 116 pancreas donors after circulatory death in 2023-2024. **Table 6.6** shows this activity by country/NHS region of the donor's residence. No adjustments have been made for potential demographic differences in populations.

The overall rate for pancreas donors after brain death is 3.5 pmp, with rates ranging from 2.4 to 4.0 pmp across NHS regions and for donors after circulatory death is 1.7 pmp, with rates ranging from 1.1 to 2.0 pmp across NHS regions.

Table 6.6 Pancreas don 1 April 2023 -						
Country/ NHS region of residence	DBD			onors (pmp) CD	TOTAL	
North East and Yorkshire North West Midlands East of England London South East South West	33 20 29 22 21 36 20	(4.0) (2.7) (2.6) (3.4) (2.4) (3.8) (3.5)	16 12 17 13 10 13	(1.9) (1.6) (1.6) (2.0) (1.1) (1.4) (1.7)	49 32 46 35 31 49 30	(6.0) (4.3) (4.2) (5.5) (3.5) (5.2) (5.2)
England Isle of Man Channel Islands	181 0 0	(3.2) (0.0) (0.0)	91 0 0	(1.6) (0.0) (0.0)	272 0 0	(4.8) (0.0) (0.0)
Wales	10	(3.2)	2	(0.6)	12	(3.8)
Scotland	19	(3.5)	10	(1.8)	29	(5.3)
Northern Ireland	14	(7.3)	4	(2.1)	18	(9.4)
TOTAL ¹	234	(3.5)	116	(1.7)	350	(5.2)
¹ Includes 19 donors with unknow	n UK postcoo	de (10 DBD ai	nd 9 DCD)			

6.4 Transplants

The number of pancreas and islet transplants by recipient country/NHS region of residence is shown in **Table 6.7**. No adjustments have been made for potential demographic differences in populations. For donors after brain death, the transplant rate ranged from 0.3 to 2.3 pmp across NHS regions and overall was 1.5 pmp. For donors after circulatory death, the overall rate was 0.9 pmp and ranged from 0.5 to 1.5 pmp across NHS regions.

Table 6.7 Pancreas and 1 April 2023 - 3						uK,	
Country/ NHS region	D	BD	D	CD	TOTAL		
of residence	N	(pmp)	N	(pmp)	N	(pmp)	
North East and Yorkshire	15	(1.8)	5	(0.6)	20	(2.4)	
North West	10	(1.3)	8	(1.1)	18	(2.4)	
Midlands	25	(2.3)	16	(1.5)	41	(3.7)	
East of England	2	(0.3)	9	(1.4)	11	(1.7)	
London	8	(0.9)	4	(0.5)	12	(1.4)	
South East	11	(1.2)	7	(0.7)	18	(1.9)	
South West	6	(1.0)	4	(0.7)	10	(1.7)	
England	77	(1.3)	53	(0.9)	130	(2.3)	
Isle of Man Channel Islands	0 0	(0.0) (0.0)	0 0	(0.0) (0.0)	0 0	(0.0) (0.0)	
Wales	6	(1.9)	3	(1.0)	9	(2.9)	
Scotland	13	(2.4)	3	(0.6)	16	(2.9)	
Northern Ireland	2	(1.0)	1	(0.5)	3	(1.6)	
TOTAL ¹	99	(1.5)	60	(0.9)	159	(2.4)	
¹ Includes 1 DBD donor with unkn	own UK post	tcode					

There were 159 deceased donor pancreas and islet transplants in 2023-2024, more than the 147 transplants performed in 2022-2023. Of these 159, 127 (80%) were SPK transplants, 11 (7%) were pancreas only transplants (pancreas alone (PTA) or pancreas after kidney (PAK)) and 21 (13%) were islet transplants (including 10 SIK). The number of transplants performed at each centre is shown in **Table 6.8** by transplant type and **Table 6.9** by transplant and donor type. Note that King's College and The Royal Free only perform islet transplants. Cambridge, Guy's, WLRTC and Cardiff only perform pancreas transplants.

The length of time that elapses between a pancreas being removed from the donor to its transplantation into the recipient is called the total preservation time. Generally, the shorter this time, the more likely the pancreas is to work immediately and the better the long-term outcome. In 2023-2024, the median time for a DBD donor whole pancreas transplant is 11.5 hours (Inter-Quartile (IQ) range 10.6 - 13.1) and for a DCD donor transplant is 10.8 hours (IQ range 9.1 - 12.6) and overall is 11.3 hours (IQ range 10.2 - 12.7).

At 31 March 2024, there were approximately 2,200 recipients with a functioning pancreas transplant (including multi-organ transplants) being followed-up, as reported to the UK Transplant Registry.

					Tr	ansplant	type					
Centre	S	PK	S	IK	PΤ	-	PAK			Isl	let	
									Rou	tine	Pric	rity
Cambridge	18	(15)	-	-	0	(0)	1	(0)	-	-	-	
Cardiff	12	(7)	-	-	0	(0)	0	(2)	-	-	-	
Edinburgh	8	(16)	4	(2)	0	(0)	0	(0)	4	(3)	2	(4)
Guy's	10	(21)	-	-	0	(0)	0	(0)	-	-	-	
King's College	-	-	0	(0)	-	-	-	-	0	(0)	0	(0)
Manchester	26	(17)	5	(3)	0	(3)	3	(0)	1	(0)	1	(2
Newcastle	7	(8)	0	(0)	1	(0)	0	(0)	0	(2)	1	(1)
Oxford	40	(32)	1	(0)	4	(2)	2	(1)	2	(1)	0	(0
Royal Free	-	-	0	(0)	-	-	-	-	0	(0)	0	(0)
WLRTC	6	(5)	-	-	0	(0)	0	(0)	-	-	-	
TOTAL	127	(121)	10	(5)	5	(5)	6	(3)	7	(6)	4	(7

	Transplant and donor type									
Centre	SF	PK	S	IK	PTA	/PAK	ls.	et	TO	TAL
	DBD	DCD	DBD	DCD	DBD	DCD	DBD	DCD	DBD	DCE
Cambridge	6	12	-	-	1	0	-	_	7	12
Cardiff	8	4	-	-	0	0	-	-	8	4
Edinburgh	7	1	1	3	0	0	6	0	14	4
Guy's	5	5	-	-	0	0	-	-	5	5
King's College	-	-	0	0	-	-	0	0	0	0
Manchester	16	10	3	2	2	1	2	0	23	13
Newcastle	5	2	0	0	1	0	1	0	7	2
Oxford	22	18	1	0	6	0	2	0	31	18
Royal Free	-	-	0	0	-	-	0	0	0	(
WLRTC	4	2	-	-	0	0	-	-	4	2
TOTAL	73	54	5	5	10	1	11	0	99	60

6.5 Demographic characteristics

The age group, sex, ethnicity and blood group of deceased donors, transplant recipients and patients on the transplant list are shown in **Table 6.10**.

Table 6.10	Demographic charecipients, 1 Apr						
		Doi	nors	Transplant recipients		Active transplan	
		N	(%)	N	(%)	N	(%)
Age (years)	0-17 18-34 35-49 50-59 60-69 70+ Mean (SD)	30 110 125 80 4 1	(9) (31) (36) (23) (1) (0) (14)	0 26 86 38 9 0 44	(0) (16) (54) (24) (6) (0) (9)	0 79 185 65 5 0 41	(0) (24) (55) (19) (1) (0) (9)
Sex	Male Female	194 156	(55) (45)	83 76	(52) (48)	165 169	(49) (51)
Ethnicity	White Asian Black Other Unknown	322 7 5 6 10	(95) (2) (1) (2)	133 11 7 4 4	(86) (7) (5) (3)	287 16 16 9 6	(88) (5) (5) (3)
Blood group	O A B AB Unknown	170 134 32 12 2	(49) (39) (9) (3)	60 70 22 7 0	(38) (44) (14) (4)	201 89 39 5 0	(60) (27) (12) (1)
Graft number	First graft Re-graft	-	-	142 17	(89) (11)	303 31	(91) (9)
TOTAL		350	(100)	159	(100)	334	(100)