



These people have all donated a kidney to transform someone else's life.

Take your first step, learn more about becoming a living donor.



Mae'r bobl yma i gyd wedi rhoi aren i drawsnewid bywyd rhywun arall.

Mae'r bobl yma i gyd wedi rhoi aren i drawsnewid bywyd rhywun arall.



Visit [organdonation.nhs.uk/living donation](https://organdonation.nhs.uk/living-donation)

Call **0300 123 23 23**

Email [enquiries@nhsbt.nhs.uk](mailto:enquiries@nhsbt.nhs.uk)

@nhsorgandonor



Ewch i [organdonation.nhs.uk/living donation](https://organdonation.nhs.uk/living-donation)

Ffoniwch **0300 123 23 23** neu anfonwch

neges e-bost i [enquiries@nhsbt.nhs.uk](mailto:enquiries@nhsbt.nhs.uk)

@nhsorgandonor

