## NHS BLOOD AND TRANSPLANT ORGAN DONATION AND TRANSPLANTATION DIRECTORATE CTAG HEART ALLOCATION SUB-GROUP ON MONDAY 4 APRIL 2022 MINUTES

## **Present:**

| Sern Lim (Chair)        | QEH, Birmingham   |
|-------------------------|---|
| Sai Bhagra              | Royal Papworth Hospital, Cambridge                              |
| Paul Callan             | ROA Manchester  |
| Jonathan Dalzell        | Golden Jubilee National Hospital, Glasgow                       |
| Guy MacGowan            | Freeman Hospital, Newcastle                                     |
| Andrew Morley-Smith     | Royal Brompton and Harefield Hospital                           |
| Stephen Pettit          | Royal Papworth Hospital   |
| Sally Rushton           | Principal Statistician, Statistics and Clinical Research, NHSBT |
| Rajamiyer Venkateswaran | Chair CTAG Hearts; ROA Manchester                               |
| Julie Whitney           | Head of Service Delivery - OTDT Hub, NHSBT                      |

## Attending:

| ine Robinson Advisory Group Support (Minutes) |  |
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|    |   | ACTION |
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| 1. | Welcome and Minutes of the last meeting   |        |
|    | <ul> <li>S Lim welcomed all to the meeting.</li> <li>There were apologies from Jane Cannon, Owais Dar, Fernando<br/>Riesgo Gil.</li> <li>There were no amendments to the Minutes of the last meeting on 6<br/>December 2021</li> </ul>  |        |
| 2  | Update on the Urgent Heart Allocation Scheme  |        |
|    | At the last meeting it was discussed that there is no good risk-stratification<br>method for the urgent list and the previously proposed 6-tier system was too<br>operationally complex. Therefore, it was agreed to review Category 21: 'Adult<br>inpatient dependent on intravenous inotropes and/or IABP which cannot be<br>weaned' which is the largest group of patients registered on the urgent<br>scheme. S Rushton has provided each centre with 20 patients registered on<br>category 21 to collect more specific information on the reason for inotrope<br>initiation. The data to be collected is:<br>• Aetiology<br>• Hemodynamic data<br>• Organ function data<br>• Indications for inotrope<br>Full details are in the presentation circulated with these Minutes. |        |
|    | <ul> <li>The next steps are to:</li> <li>Each centre to collate the necessary data and specify indications for starting inotropes in each of the 20 cases</li> <li>Use this information to try to draw up criteria for inotrope initiation</li> <li>Decide what patients will benefit from urgent listing</li> </ul>  |        |
|    | <ul> <li>Issues:</li> <li>Some patients are already on inotropes when they are assessed by a transplant centre, so the decision to initiate inotropes does not lie with the centre.</li> </ul>  |        |

|    | <ul> <li>If the criteria are tightened too much there is a danger that it will<br/>appear care is being rationed.</li> </ul>  |  |
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|    | It is agreed initially to concentrate on:   |  |
|    | <ul> <li>Why inotrope use has been prompted:</li> </ul>   |  |
|    | <ul> <li>Data will be analysed once it is received from all centres. So far about<br/>50% of centres have returned data.</li> </ul>                                   |  |
|    | <ul> <li>For data to be meaningful, it should be the set of results that led to</li> </ul>  |  |
|    | inotrope initiation and closest to urgent registration.   |  |
|    | • For those on inotropes already, data should be the closest to urgent  |  |
|    | listing.  |  |
|    | Arrythmia cases do not need to be recorded in data; some of these   |  |
|    | cases go through adjudication and often get approved and it is not a  |  |
|    | reason for inotrope dependence.   |  |
|    | May need to consider why some patients wait over a year (are they   |  |
|    | LVAD patients, congenital, highly sensitised?) but this is not the forum to address this question.  |  |
|    | ACTION: SL and SR to meet in 2 weeks to analyse data.   |  |
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| 3. | Heart and Liver Transplant  |  |
|    | There is an increase in the number of people waiting for combined liver/heart   |  |
|    | transplants. Over the last 4 years there have been about 1-2 of these transplants per year. Since 2015, 2 have died and 4 remain alive. There are                     |  |
|    | now 6 people on the waiting list (3 urgent; 3 routine) and the average waiting  |  |
|    | time is 9 months. Where these patients sit on the heart allocation scheme is  |  |
|    | key. If on the routine heart list, they are not named but they are on the named   |  |
|    | list for liver. This can cause issues with offering and becomes a manual task   |  |
|    | for Hub Ops to remember to allocate them for combined transplant. There is  |  |
|    | also a delay in liver allocation while the heart is being offered.  |  |
|    | The group discussed:  |  |
|    | <ul> <li>The feasbility of defining criteria for heart-liver listing.</li> </ul>  |  |
|    | Common listing criteria is important to ensure patients are treated fairly and to   |  |
|    | refer them to a centre offering liver and heart transplants (ie, Papworth,  |  |
|    | Newcastle, Birmingham)  |  |
|    | <ul> <li>Clinical criteria for congenital or non-congenital patients are needed.<br/>Involvement of congenital heart colleagues in these discussions would</li> </ul> |  |
|    | be helpful.   |  |
|    | <ul> <li>A separate tier for heart allocation could be considered so the patient</li> </ul>   |  |
|    | is named to improve offering  |  |
|    | Mechanical support bridging to combined heart and liver transplant is   |  |
|    | generally felt to be a contraindication.  |  |
|    | • Assessment of risk is important. Although this is hard to quantify, if the  |  |
|    | risk is too high, combined transplant may not be a good use of organs   |  |
|    | when there are so few available.  |  |
|    | Age is not the only risk factor to consider.  |  |
|    | <ul> <li>All centres need to see the outcomes for these patients (30 days, 90 days) so there is an awareness of risk and to monitor the numbers</li> </ul>            |  |
|    | being listed.   |  |
|    | <ul> <li>At present, outcomes are excluded from CUSUM analysis. Is this</li> </ul>  |  |
|    | appropriate? A separate analysis of heart liver transplants may be  |  |
|    | included in the Annual Cardiothoracic Report.   |  |
|    | These issues will be discussed further at the next meeting.   |  |
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| 4  | Update on Heart Transplantation in LVAD Complications   |  |

|    | The paper shared at the last CTAG Hearts meeting indicated there were 48 transplant patients with LVAD complications. Following a check with Adjudication, the cohort number has risen to 61 and numbers per centre vary. |  |
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|    | ACTION: S Rushton to send out a spreadsheet listing these patients with columns for each centre to complete within the next 2 weeks. The data will be presented at CTAG Hearts in May.                                    |  |
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| 5  | Any Other Business  |  |
|    | NAD   |  |
|    |   |  |
| 6. | Date of next meeting  |  |
|    | No date for a future meeting was set. A follow up meeting will be arranged after review of the data.  |  |