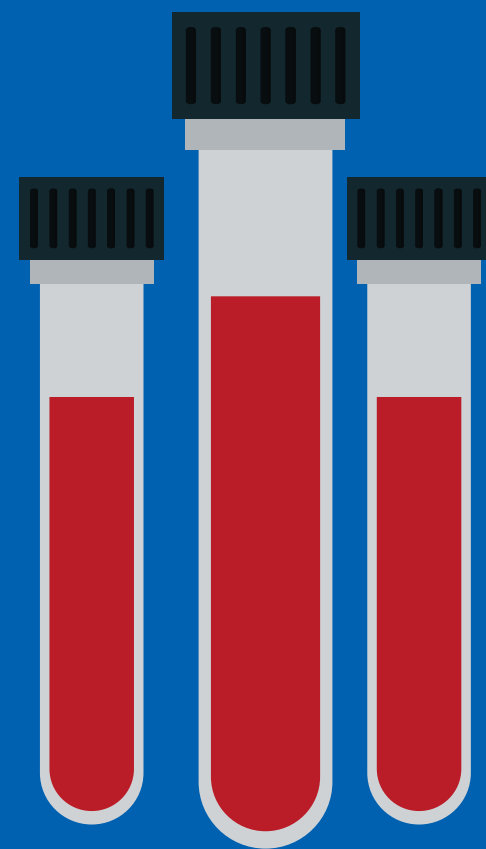


# How will I know if I am anaemic?

A blood test will be taken at your first pregnancy appointment - ideally by 10 weeks of pregnancy and again at 28 weeks of pregnancy.



The test measures your haemoglobin. Sometimes an additional test is done to measure serum ferritin - this shows how much stored iron you have.

If your medical history or diet increases your risk of anaemia, the blood test will be repeated at 20-24 weeks of pregnancy.