

Creating the opportunity for group reflection post paediatric/neonatal donation

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Identifying the need

South Wales and South West are unique teams, sharing a rota but maintaining individual identity. The teams service 2 PCCUs and 6 NICUs. The joint rota means that the majority of paediatric and neonatal cases will be attended by members of both teams. After a busy period in Bristol Children's Hospital, involving 3 consented donors, it was identified that an ODT specific reflection/debrief was required.



What did we have to work with?

- Excellent existing collaborative working between Paediatric and Neonatal Lead SNs
- Support and enthusiasm from PCLODS and TMs in both teams
- Engagement from team members in South Wales and South West



Paediatric Lead SNs- Roisin Hollinger and Kat Gooding

What was challenging?

- Inclusion of 3 cases- too much for a single session, lacked detail and potentially impeded in-depth discussion
- Inexperience leading a donation debrief session, additional planning/training would have been beneficial
- Open structure of session meant there were some silences, these were not necessarily bad

What are we going to do next?

- Implement routine debrief/reflective sessions 10-14 days after each paediatric/neonatal donation (run by Leads)
- Formal debrief training for Leads and supporting SNs
- Pilot different debrief/reflective methods/models, use of Teams vs in person sessions
- Ensure clear signposting pre/post sessions for further support
- Continue to work collaboratively to evaluate and improve each session and SN/SR experience of paediatric and neonatal donation

What did we do?

- Set a date within 14 days of the 3rd donation which both Leads were available to facilitate
- Realised that 3 cases were a lot to include but due to workloads, time constraints and the importance of the session, felt it was vital to recognise all
- Decided on Teams as the forum for the session, hoping it would make it accessible to as many staff as possible
- Set a time frame of 90 mins for the session, 30 mins planning for Leads pre-session