



These people have all had their lives transformed by organ donation

Mae bywydau'r bobl yma i gyd wedi cael eu trawsnewid gan roi organau



Right now, more than 7000 people are waiting for a transplant to change their lives.

As an organ donor you could save up to nine lives and transform many more by also donating tissue.

Add your name to the NHS Organ Donor Register, and let your family know what you've decided.



Ar hyn o bryd, mae dros 7000 o bobl yn aros am drawsblaniad i newid eu bywydau.

Fel rhoddwr organau fe allech chi achub hyd at naw o fywydau a thrawsnewid llawer mwy trwy roi meinwe hefyd.

Ychwanegwch eich enw at Gofrestr Rhoddwyr Organau'r GIG, a gadewch i'ch teulu wybod beth rydych chi wedi'i benderfynu.

Visit organdonation.nhs.uk
Use the NHS App or
call 0300 123 23 23

@nhsorgandonor



Yes I donate
ORGAN DONATION

Ewch i organdonation.nhs.uk
Defnyddiwch Ap y GIG neu
ffoniwch 0300 123 23 23

@nhsorgandonor



Ydw rwy'n rhoi
RHOI ORGANAU

OPS064W

