





Right now more than
7000 people
are waiting for an
organ transplant.



You can save up to nine lives when you die as an organ donor and transform many more by also donating tissue.

Add your name to the NHS Organ Donor Register, and let your family know what you've decided.

Visit organdonation.nhs.uk
Use the NHS App or
call 0300 123 23 23

@nhsorgandonor    



Ar hyn o bryd mae mwy na
7000 o bobl
yn aros am
drawsblaniad organau.



Fel rhoddwr organau, fe allech chi achub hyd at naw o fywydau pan fyddwch chi'n marw a thrawsnewid llawer mwy trwy roi meinwe hefyd.

Ychwanegwch eich enw at Gofrestr Rhoddwyr Organau'r GIG, a gadewch i'ch teulu wybod beth rydych chi wedi'i benderfynu.

Ewch i organdonation.nhs.uk
Defnyddiwch Ap y GIG neu
ffoniwch 0300 123 23 23

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