



Sasha



Daniel



Celia







Sanjiv

Of all the people in the UK waiting for an organ transplant, three quarters need a kidney transplant.

These four people have all been willing to donate one of their kidneys during their lifetime to help transform someone else's life.

Find out more about living kidney donation.

Visit [organdonation.nhs.uk/livingdonation](http://organdonation.nhs.uk/livingdonation)  
call 0300 123 23 23  
or email [enquiries@nhsbt.nhs.uk](mailto:enquiries@nhsbt.nhs.uk)

@nhsorgandonor    



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O'r holl bobl yn y DU sy'n aros am drawsblaniad organ, mae angen trawsblaniad aren ar dri chwarter ohonyn nhw.

Mae'r pedwar unigolyn yma i gyd wedi bod yn fodlon rhoi un o'u harenau yn ystod eu bywyd i helpu i drawsnewid bywyd rhywun arall.

Dysgwch fwy am roi arenau byw.

Ewch i [organdonation.nhs.uk/livingdonation](http://organdonation.nhs.uk/livingdonation)  
Ffoniwch 0300 123 23 23 neu anfonwch neges e-bost i [enquiries@nhsbt.nhs.uk](mailto:enquiries@nhsbt.nhs.uk)

@nhsorgandonor 