Living Donor Transplantation in 2020

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Before March 2020

LIVING DONOR TEAM:

- 0.7 PA Consultant Time
- 1 WTE Living Donor Nurse

FORTNIGHTLY LIVING DONOR CLINIC – 5 appointments

CATCHMENT POPULATION c. 0.95 million

LIVING DONOR TRANSPLANTS/YEAR: 12-20

From March 2020 ("Wave 1")

- Living Donor Clinic 23/3/20 then cancelled
- Nurse-led living donor follow-up 18/3/20 then cancelled
- No clinics for approximately 3 months
- Various COVID-related activities ensue
- Living Donor Clinic restarts 29/6/20
- Pre-donation nurse-led clinic starts 18/6/20
- Post-donation nurse-led clinic starts 1/7/20

"Wave 2", October 2020 - present

- Living donor clinic cancelled 16/11/20 Rising infection rates
- Living donor clinic cancelled 30/11/20 Consultant redeployment
- Living donor clinic cancelled 11/1/21 COVID quarantine
- Otherwise all clinics run uninterrupted, and with full capacity
- Almost pre-pandemic rates of face-to-face consultation

Results

- 6 living donor transplants completed 2020
- 3 before 23/3/20 and 3 after September 2020
- 2 so far in 2021

Challenges

- Clinic closures for ~3 months affecting our department
- Nephrology commitments to acute / general medicine / COVID
- All nephrology consultant-led clinics have been running F2F since September 2020, but with reduced slots
- Finding accommodation for nurse-led clinics for initial assessment and living donor follow-up has been very difficult
- Living donor evaluation is multi-disciplinary, but also multi-specialty
- Other specialties much more severely affected by clinic withdrawals

Lasting effects

- Cardiology investigations require longer wait (esp stress echo)
- Urology the same (mostly cystoscopy)
- Recipient work-up and listing considerably slower
- Weight loss for potential donors seems much less feasible



Any benefits?



Nuclear medicine and radiology have had much shorter wait times since April 2020

	СТ	GFR	DMSA
Pre-COVID wait (days)	26.4	26.2	35.8
COVID wait (days)	16.4	17.6	15.2

With hindsight...

"Wave 2" was much worse locally

Covid: Hull coronavirus rate 'worst in England'

() 12 November 2020





Patients in hospital Daily count of confirmed COVID-19 patients in hospital at 8am. Data are not updated every day. Daily Data About 250 200 150 100 50 1 1 01 Jul 01 Sep 01 Nov 01 May 01 Jan 01 Mar

In Summary

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"ONE OF THE BEST TIMES OF MY LIFE... and if I had to wait until I was just about 60 for that to happen, so be it." - st parts

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