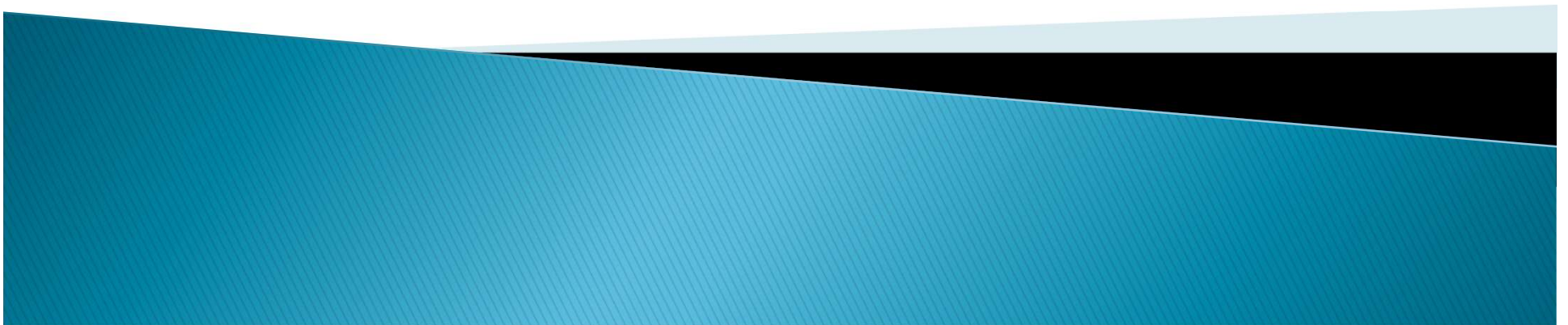
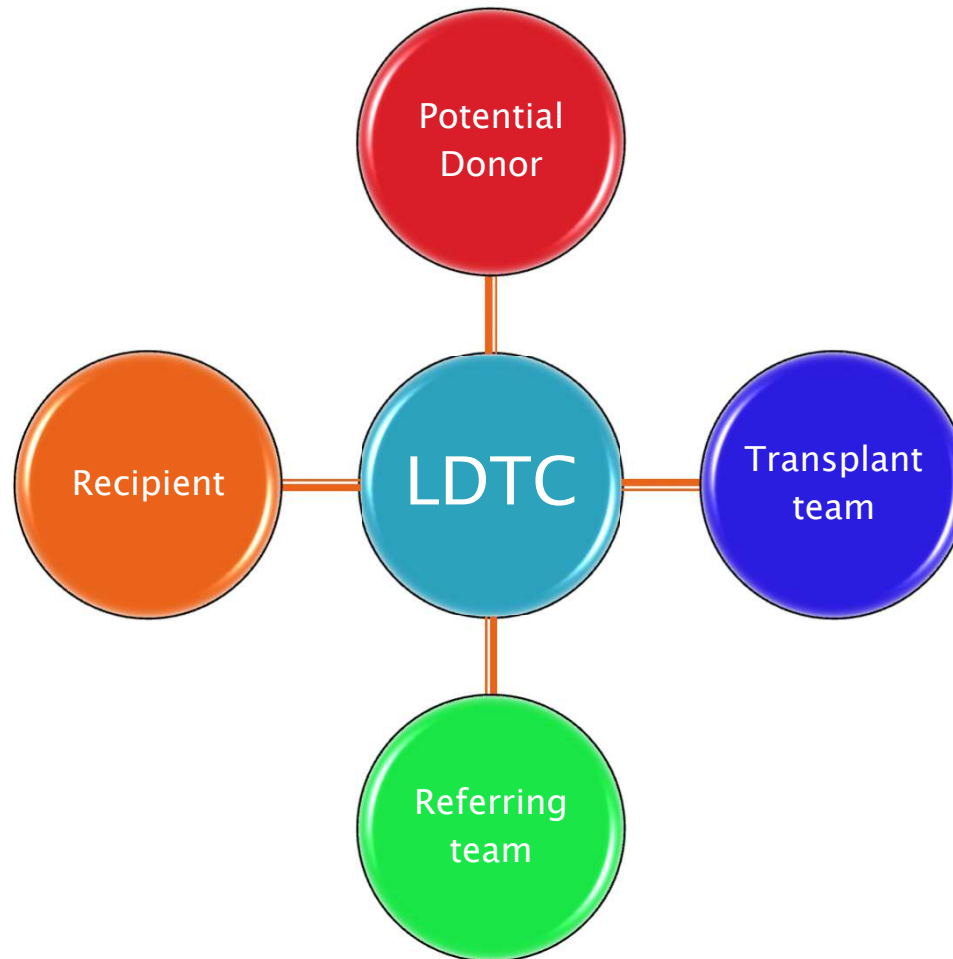


# The role of the Living Donor Transplant Co-ordinator



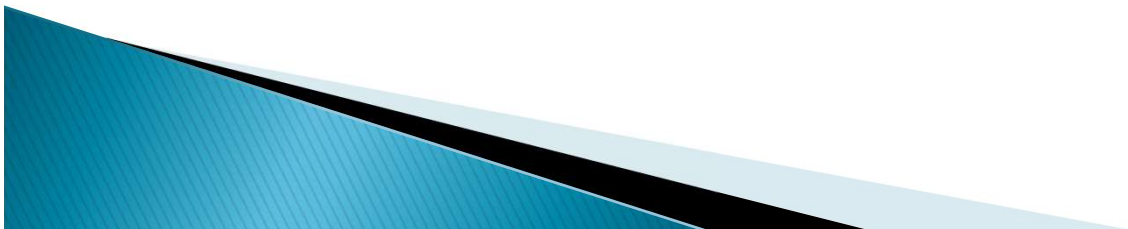
# Living Donor Transplant Co-ordinator (LDTC)



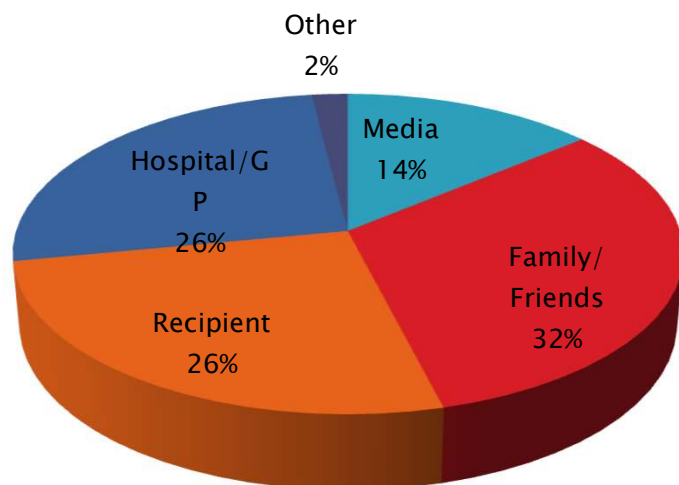
# Awareness and recruitment



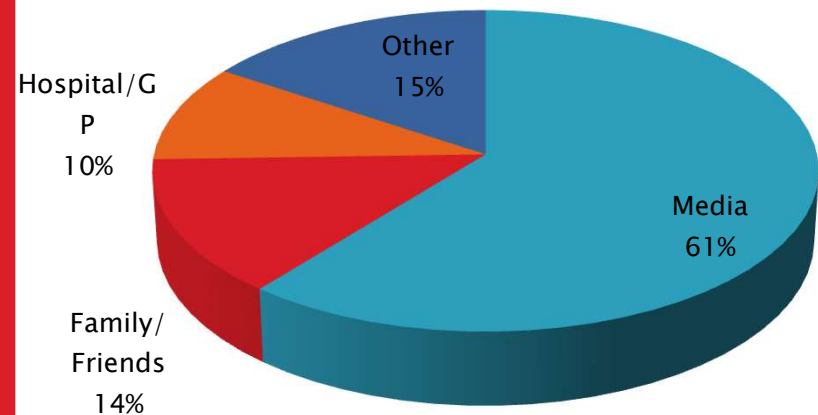
- ▶ Early and consistent message
- ▶ Living donor transplant best option before dialysis
- ▶ Start donor assessment at least one year before recipient requires treatment



# Where do donors find out about donation?

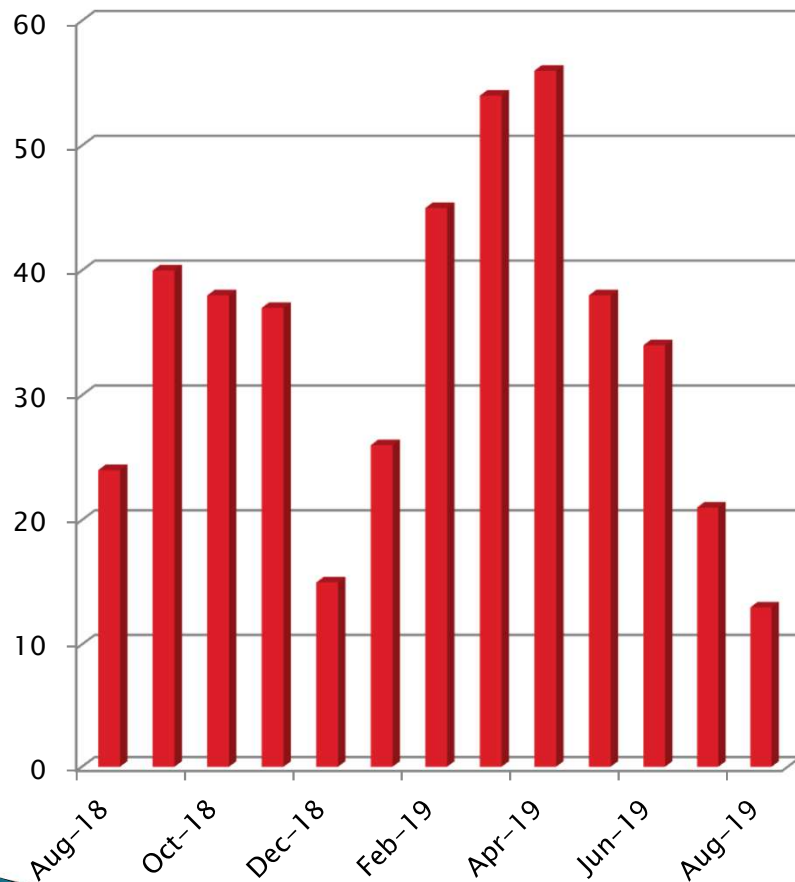


Directed donors



Altruistic donors

# Impact of positive publicity

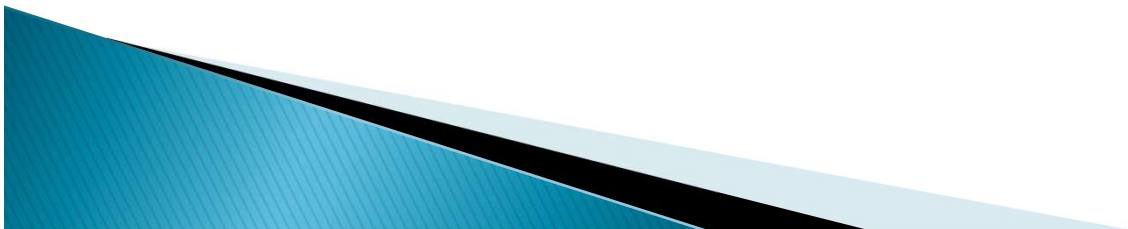


- ▶ Living Donor Awareness Week 2019
- ▶ Publicity must be appropriately targeted

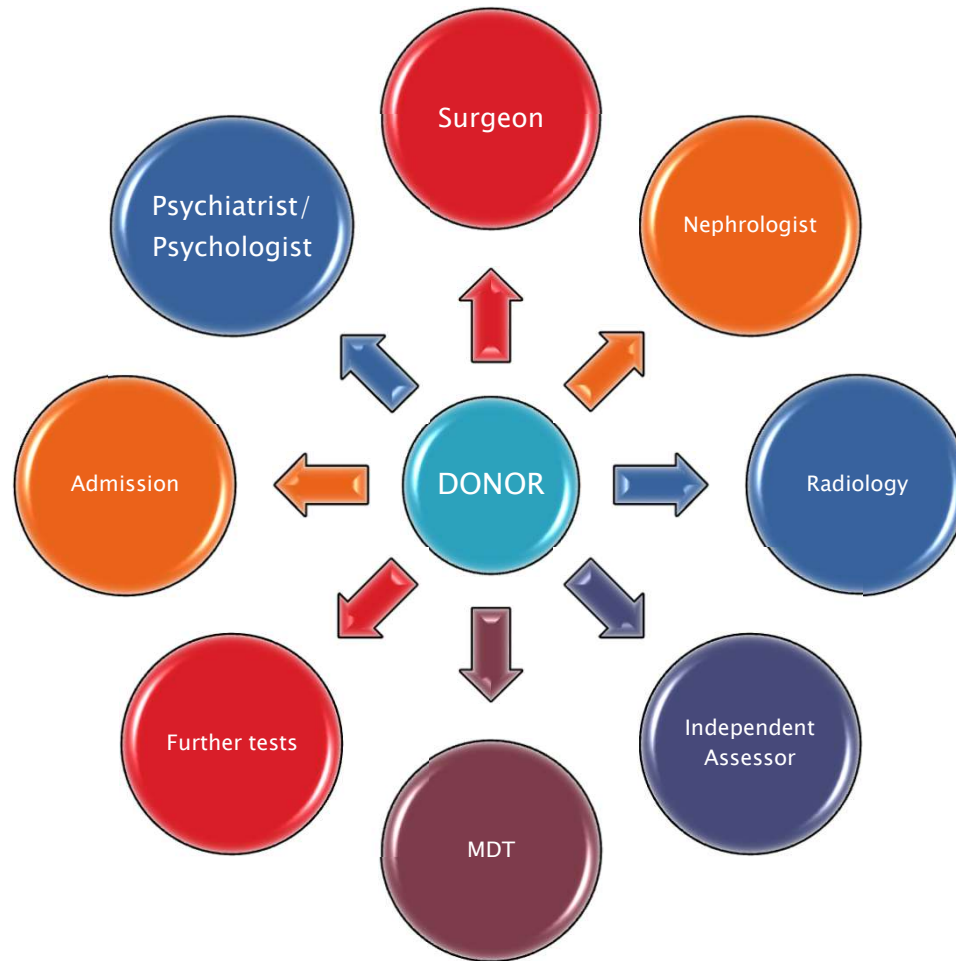
# Donor selection



- ▶ Who?
- ▶ Where?



# Assessment





# As easy as possible for the donor!

## 1<sup>st</sup> Visit

- Past medical history and clinical examination
- Blood pressure; urine; bloods for tissue typing; blood group; virology; haematology and clinical biochemistry

## 2<sup>nd</sup> Visit

- Day admission – Chest X-Ray; ECG; Isotope GFR; Differential Scan; CT scan; repeat bloods
- (fasting blood sugar)

## 3<sup>rd</sup> Visit

- Surgical review; legal requirements

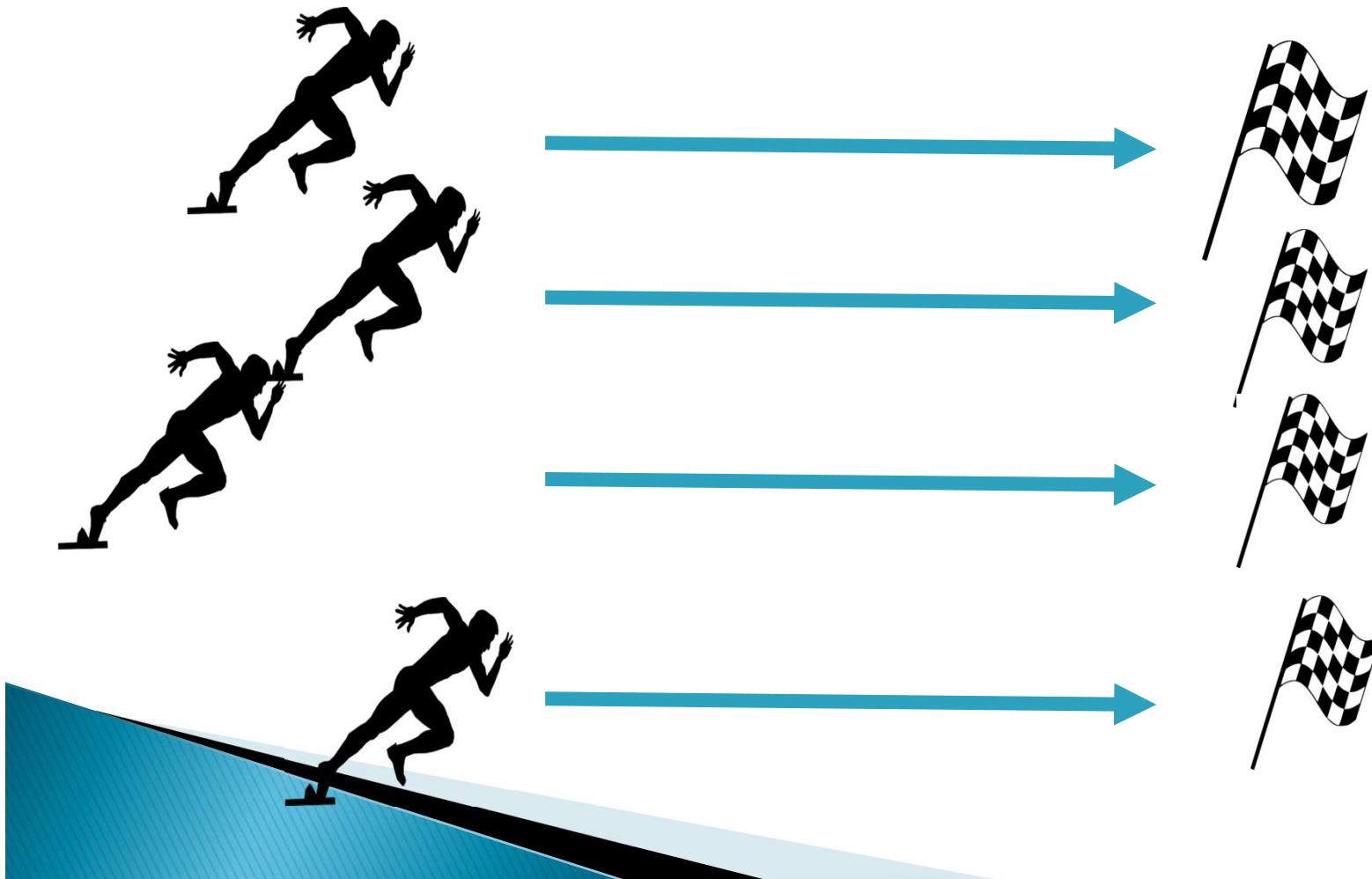


# Role of the co-ordinator

- ▶ Donor/Recipient/Families
- ▶ Multi-disciplinary team



# Managing the programme



Recipient  
unwell

Urological  
investigations

Blood  
pressure  
issues

Weight  
loss

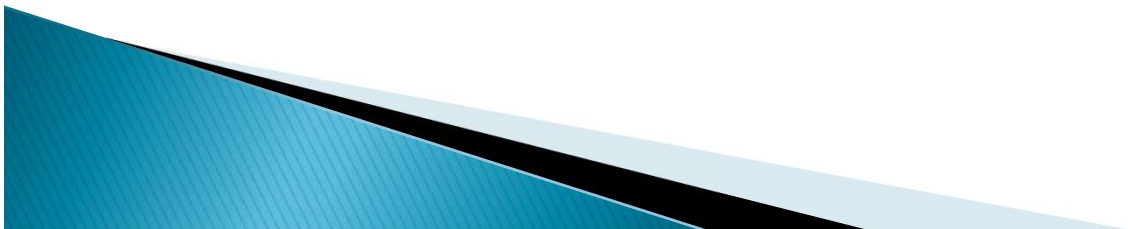
Social events

Cardiac  
investigations



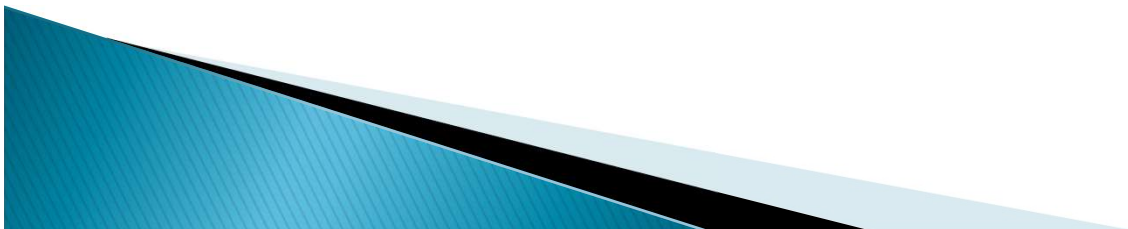
# Organising surgery

- ▶ Dedicated living donor time with dedicated surgeons!
- ▶ Early discussion with donor and recipient
- ▶ Tell everybody
- ▶ Support the family – unique situation
- ▶ Discharge and follow up



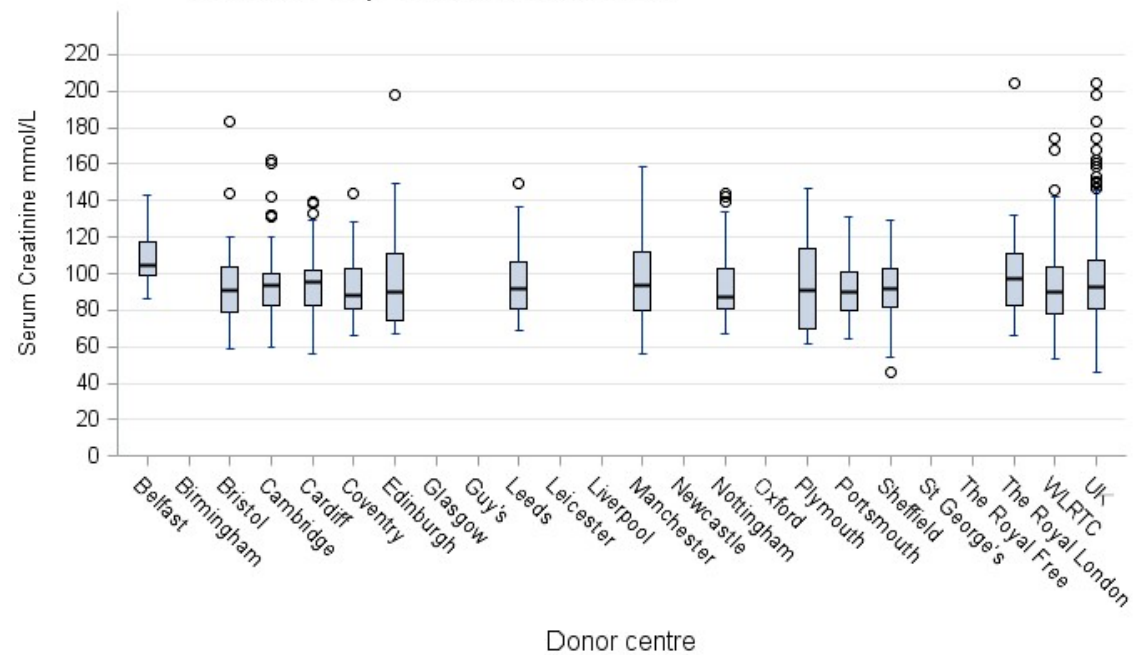
# Donor follow up

- ▶ 6 week surgical review
- ▶ Annual follow up (nurse-led?)
- ▶ Blood pressure; urine; biochemistry; complications
- ▶ National data collection



# Follow up data

**Figure 6.8** Median Serum Creatinine at 10 year follow-up by Centre, Donations 1 April 2002 - 31 March 2007

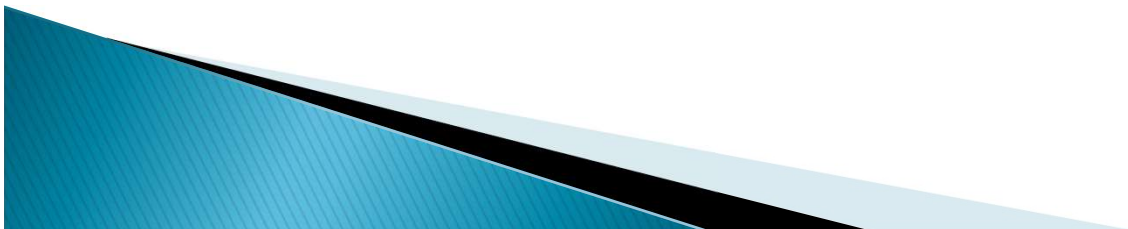


Median omitted where less than 35% of data reported



# In summary

- ▶ Supporting recipient in approaching donors
- ▶ Organising early assessment
- ▶ Making it easy for the donors
- ▶ Keeping them (and everyone else) informed
- ▶ Electronic follow up





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