# NHS BLOOD \& TRANSPLANT <br> RESEARCH, INNOVATION AND NOVEL TECHNOLOGIES ADVISORY GROUP 

## RESEARCH CONSENT/AUTHORISATION RATES

## SUMMARY

## INTRODUCTION

1 This paper summarises how research consent/authorisation rates have changed over the last ten years in the UK.

2 Families can give generic consent/authorisation for research use of any organs that are found to be unsuitable for transplantation. They are only asked this question if consent/authorisation for transplantation has been ascertained. No organ specific questions are asked regarding research consent/authorisation.

## DATA AND METHODS

3 Research consent/authorisation rates were analysed for actual organ donors (where at least one organ was retrieved for the purposes of transplantation) in the UK from 1 January 2009 to 31 December 2018.

4 When considering organ specific consent/authorisation rates, donors with contraindications for specific organs were excluded.

## CONCLUSION

5 The overall UK consent/authorisation rate for research was $83 \%$ in 2009 and has risen to $91 \%$ in 2018. England and Wales have had the highest consent rates for research over the past 4 years ranging from 91\% to 95\%.

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## DATA AND METHODS

3 Research consent/authorisation rates were analysed for actual organ donors (where at least one organ was retrieved for the purposes of transplantation) in the UK from 1 January 2009 to 31 December 2018.

4 When considering organ-specific consent/authorisation rates, donors with organspecific contraindications for transplantation were excluded:

- Intestinal: donors aged $\geq 56$ or weighing $\geq 80 \mathrm{~kg}$ excluded
- Pancreas and islets: donors aged $>60$ excluded
- Heart: donors aged $\geq 65$ or died of myocardial infarction excluded
- Lung: donors aged $\geq 65$ excluded


## RESULTS

5 Figure 1 illustrates that overall UK research consent/authorisation rates for solid organ donors have generally increased from $83 \%$ in 2009 to $91 \%$ in 2018. This shows that the large majority of donors that donate at least one solid organ also have consent/authorisation for research.

Figure 1 Research consent/authorisation rates for actual organ donors in United Kingdom, by year 1 January 2009-31 December 2018


6 Figure 2 breaks down research/authorisation rates for actual organ donors by nation and year. England and Wales have had the highest consent rates over the past 4 years ranging from $91 \%$ to $95 \%$. Northern Ireland has seen an overall increase in research consent rate since 2009, to $87 \%$ in 2018. Rates for Scotland, Northern Ireland and Wales fluctuate more as there are fewer donors.

Figure 2 Research consent/authorisation rates for actual organ donors in UK, by nation and year, 1 January 2009-31 December 2018


7 Figures 3 and 4 show consent/authorisation rates broken down by organ and tissue, respectively. These rates are shown for actual solid organ donors in 2018 for which consent/authorisation for research had been ascertained. However, please note that when discussing organ/tissue-specific consent/authorisation, SNODs ask these questions in relation to donation for transplantation as opposed to research.

8 Figure 3 shows that kidneys (90\%) and liver (88\%) gained the highest rates of consent/authorisation for actual donors with consent/authorisation for research.

Figure 3 Organ-specific consent/authorisation rates for actual organ donors that gave consent/authorisation for research in 2018


9 Figure 4 illustrates that tissues have lower consent/authorisation rates than solid organs. Please note that this cohort excludes tissue-only donors.


## CONCLUSION

10 The overall UK consent/authorisation rate for research was $83 \%$ in 2009 and has risen to $91 \%$ in 2018. England and Wales have had the highest consent rates for research over the past 4 years ranging from $91 \%$ to $95 \%$.

