

South West Team Transplant KQuIP

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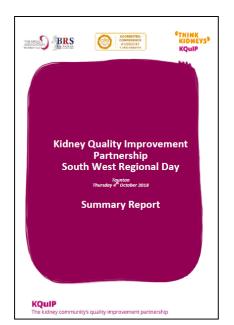
Rachel Gair & Catherine Stannard – National RA QI Leads



How did we get here?

KQuIP South West Regional Day 4 October 2018

- Home therapies
- Vascular Access
- Transplant First







What did we need to do...?

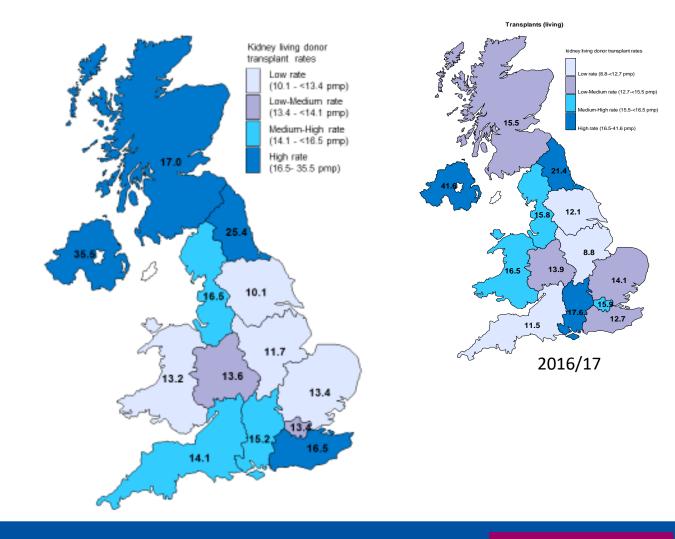
- Each unit to identify at least two QI leads
- People needed to get to know each other
- Units needed to understand how each other work
- All units needed to involve and listen to patients' views
- Referring units needed to understand Bristol and Plymouth perspectives
- Bristol and Plymouth needed to understand units' perspectives
- Then need to agree on common and achievable goals, as well as allowing / supporting units to improve aspects within



Template for the meetings

- At the beginning of each meeting we have invested an hour in each of the 6 units presenting
 - Their local data
 - Local issues identified
 - Improvement ideas
- Data from NHSBT on regional and local activity
- Round table discussions

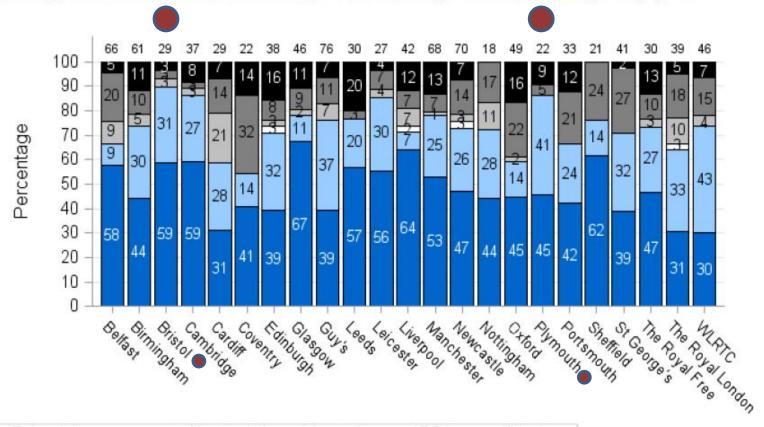
Living donor Kidney transplant rates (pmp)

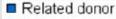




Living donor kidney transplants by type







1 April 2017 - 31 March 2018



Unrelated donor (directed)

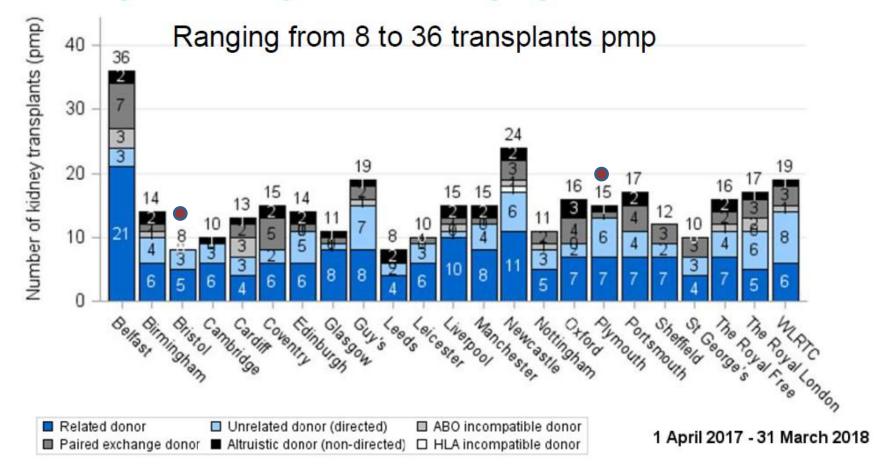
[■] ABO incompatible donor

[■] Paired exchange donor ■ Altruistic donor (non-directed)

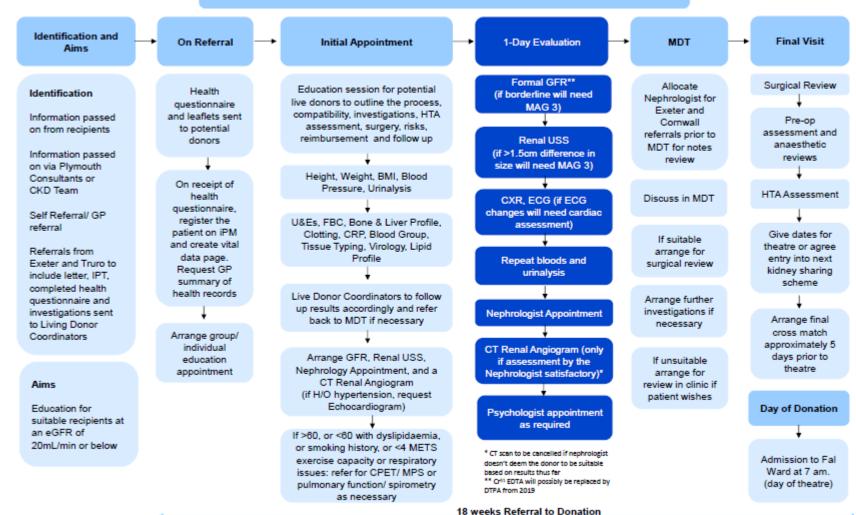
[☐] HLA incompatible donor

LDKT by centre per million population





Living Kidney Donor Referral Pathway

















LKD Pathway

- Live Kidney Donors currently average 7 hospital visits prior to day of surgery
- · We aim to reduce this to 3 visits
 - Will require more if cardiac/psychology/ABOi
- Referral to readiness to be 18 weeks
 - o (100 days for an un complicated donor)



Stage

Referral via phone or ODT

- LKD coordinators contact
- Questionnaire received

Practicalities

- Self, recipient, nephrologist, other centres
- Email information websites and health questionnaire
- potential donor registered and invited for triage appointment

1.

Nurse-led Triage appointment

Education

- · Medical history
- Bloods and Tissue typing
- · Urinalyses, MSU, PCR/ACR
- · Request cardiac/psychology if required

2

mGER.

Medical Day

- CTRA
- Nephrology
- MDT + Radiology review

3

Surgeon

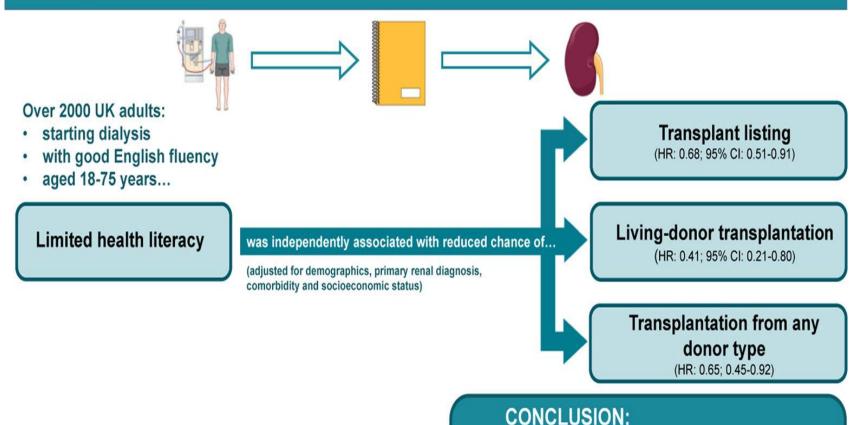
Surgical Day

- HTA assessment
- POAC
- MDT signoff + date





Limited health literacy is associated with reduced access to kidney transplantation





Dominic Taylor et al 2018

Health literacy-related interventions may improve transplant access

Limited health literacy is associated with reduced

access to transplantation.

1. Taylor DM, Bradley JA, Bradley C, et al. Limited health literacy is associated with reduced access to kidney transplantation. Kidney Int. 2019;95(5): 1244-1252.







Dr Pippa Bailey



The ASK trial:

improving AccesS to living-donor Kidney transplantation









bristol.ac.uk





- Dorset
 - GIRFT
- Gloucester
 - Organ turn down rates
 - Waiting times



- Barriers and delays
- Unique in SW refer routinely to both Bristol and Plymouth
- Truro
 - Focussed on improving donor education, early identification, empowerment & experience



Blood Group

 All units agreed early potential donors faced some problems finding out what blood group they are...

• suggestions....?

	Group A	Group B	Group AB	Group O
Red blood cell type	A		AB	
Antibodies in plasma	Anti-B	Anti-A	None	Anti-A and Anti-B
Antigens in red blood cell	₽ A antigen	† B antigen	↑↑ A and B antigens	None



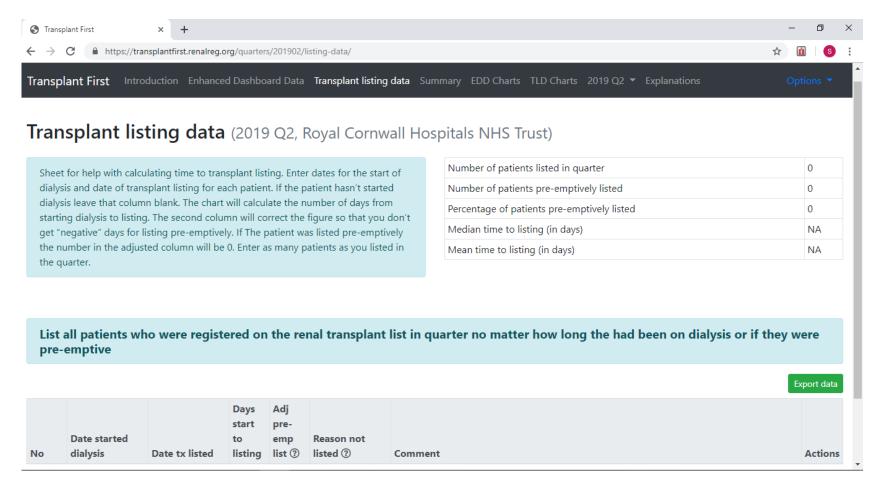


Through discussion common priorities identified

- Need to reduce work up times...18 weeks from start, and need to start to collect this data rigorously (with aim to reduce time)
- Increase theatre availability for live kidney transplants eg Bristol have negotiated a weekly theatre slot. 33 live transplants in 2018/19.
- Systematically review patients with eGFR <20
- Standard protocol for referral to Transplant
 Assessment Clinic- Bristol & Plymouth history



Transplant First measurement tool https://transplantfirst.renalreg.org/





What else is planned...?

 Raise the profile of transplantation and donation locally and regionally

 Strategies to involve patients, learning from recipient and donor experience

Bristol piloting a standardised in-coming referral form



Targets

Living donation rates of ...

% achieving 18 week pathway ...

 % of patients with eGFR <20 with decision about transplantation status...

Next steps...

- Next SW Team Transplant meeting 11 June
 - Aisling Courtney Belfast Consultant Nephrologist attending & presenting

Questions/ comments

