

This National Blood Week, we want to hear from you!

National Blood Week runs from 10th-16th June and this year we're celebrating the fantastic stories behind blood donation.

To get involved, simply post on your social media a video or picture of yourself and tell us how blood donation has affected you.

Whether you give or have received it we want to hear about it.

What's your blood story? Share yours using **#MyBloodStory**

