What do these four people have in common?

They have all been willing to donate one of their kidneys during their lifetime to transform someone else’s life.

Living kidney donation
Why is living kidney donation important?

Around 5,000 people in the UK are in need of a kidney transplant to transform their lives. The average waiting time for a kidney transplant from someone who has died is more than two and a half years. For some ethnic groups and people for whom it is difficult to find a compatible donor, the wait is even longer. Sadly, some people die waiting.

While most transplant recipients receive an organ from a deceased donor, living kidney donors make 1 in 3 kidney transplants possible across the UK.

Over 700 people have donated a kidney anonymously during their life to someone on the National Transplant list, alongside the many thousands who have donated to a family relative or friend.

Can I volunteer to be a living kidney donor?

Any adult over the age of 18 (over 16 in Scotland) can volunteer to be considered as a living kidney donor. You will undergo a series of medical tests to check that you are fit and healthy enough to donate.

What do I need to do to transform a life?

You could donate a kidney during your lifetime to someone you love, a friend, relative or even someone you don’t know. To find out more information about living kidney donation, visit: organdonation.nhs.uk/livingdonation

If you cannot find the information you are looking for on our website, please contact us:

By Email: enquiries@nhsbt.nhs.uk
By Phone: 0300 123 23 23

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