

Blood and Transplant

Sarah Gayle is married to Regional Choir Director Conrad Gayle. They met through their love of singing and have been married for 21 years.

Sarah and her daughter Keira both have the sickle cell trait. For this reason, Sarah had no hesitation when asked join the B Positive choir.

Sarah is immensely enjoying being a part of the choir. She says “Singing is my happy place and being part of the choir and raising awareness about giving blood and how blood donors can help people with sickle cell is so important. “

Before joining the choir Sarah didn't realise what an impact giving blood can have. She adds “I now drum it into everyone just how vital giving blood is, my colleagues at work are supporting me and even Keira who is 17 is telling all her friends how important it is to give blood!”

While speaking of her time on Britain's got talent Sarah says “Getting to the semi-finals or even the finals would be a huge bonus and it would be so amazing to win but the choir is already achieving what we set out to. We are getting more people giving blood and understanding how they can help patients with sickle cell. My family and children are so proud that Mum and Dad are involved in the choir. I hope we can inspire many more people to become blood donors.”

