



**NHS**

**Giving blood saves lives**  
[blood.co.uk](http://blood.co.uk)

**117 The Headrow  
Forsyth Court  
Leeds LS1 5JX**

**Tel: 0113 245 8890 - Fax 0113 243 9864**

**From M1**

- Leave the M1 at Junction 43 and join the M621
- Continue on the M621 to Junction 3 (signposted City Centre and Holbeck)
- Follow the signs to the City Centre, and A653 which lead into Neville Street
- Join the City Centre Loop Road and continue onwards, turning right into St Anne's Street. Park in The Light Shopping Centre Car Park
- We are a short walk from the car park (see inset)

**From M62 (Eastbound)**

- Leave the M62 at Junction 27 signposted Leeds, M621, Batley (A62), Morley and A650
- Join the M621 and exit at Junction 3
- Follow directions above 'From M1' point '3'

**From M62 (Westbound)**

- Leave the M62 at Junction 29 signposted London, Leeds, Wakefield and M1
- Join the M1 Northbound, following signs for Leeds City Centre
- Follow directions above 'From M1'

**By Train**

- The nearest station is Leeds City station.
- For further information about train times and fares is available from the National Rail Enquiry Line on 08457 48 49 50.